



EAST POINT SCHOOL



FEBRUARY
NEWSLETTER
Class:- V

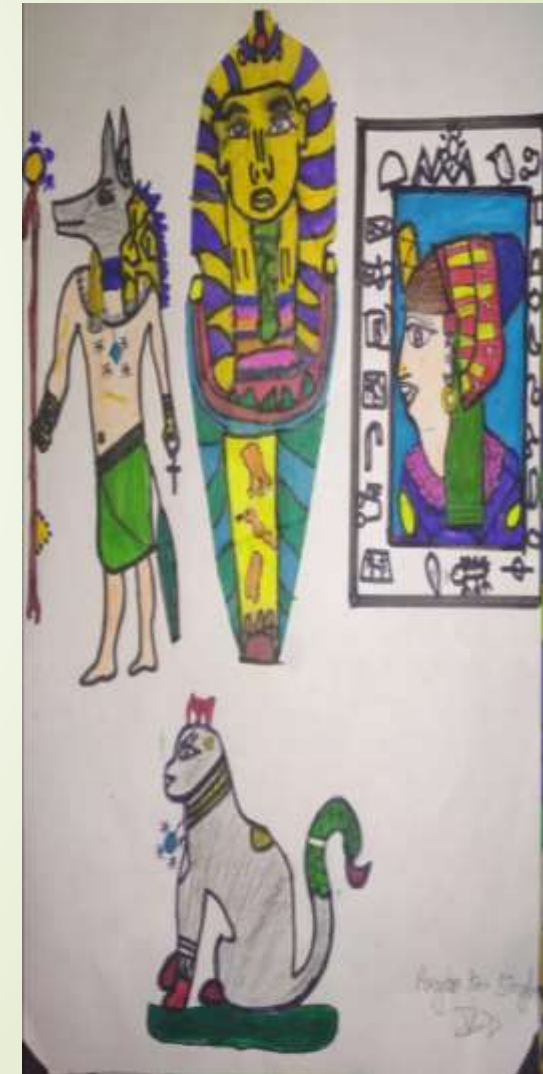
EX·CEL

EX·PLORE

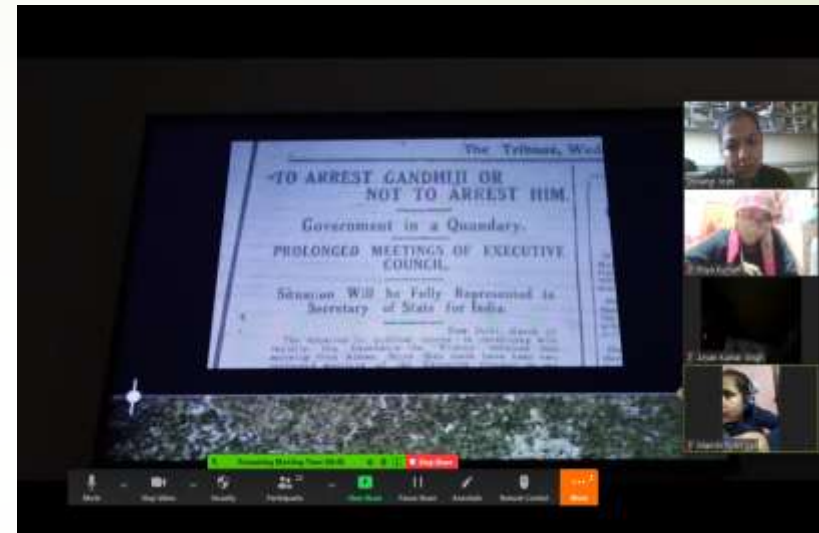
EXPERIENCE



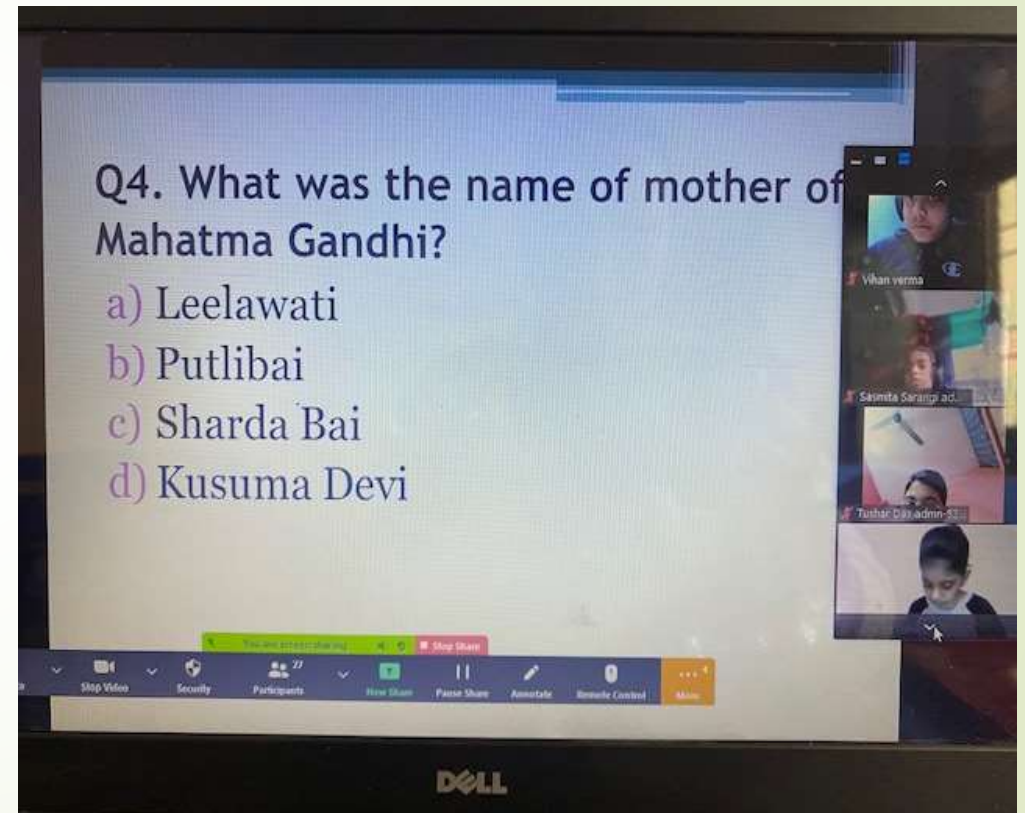
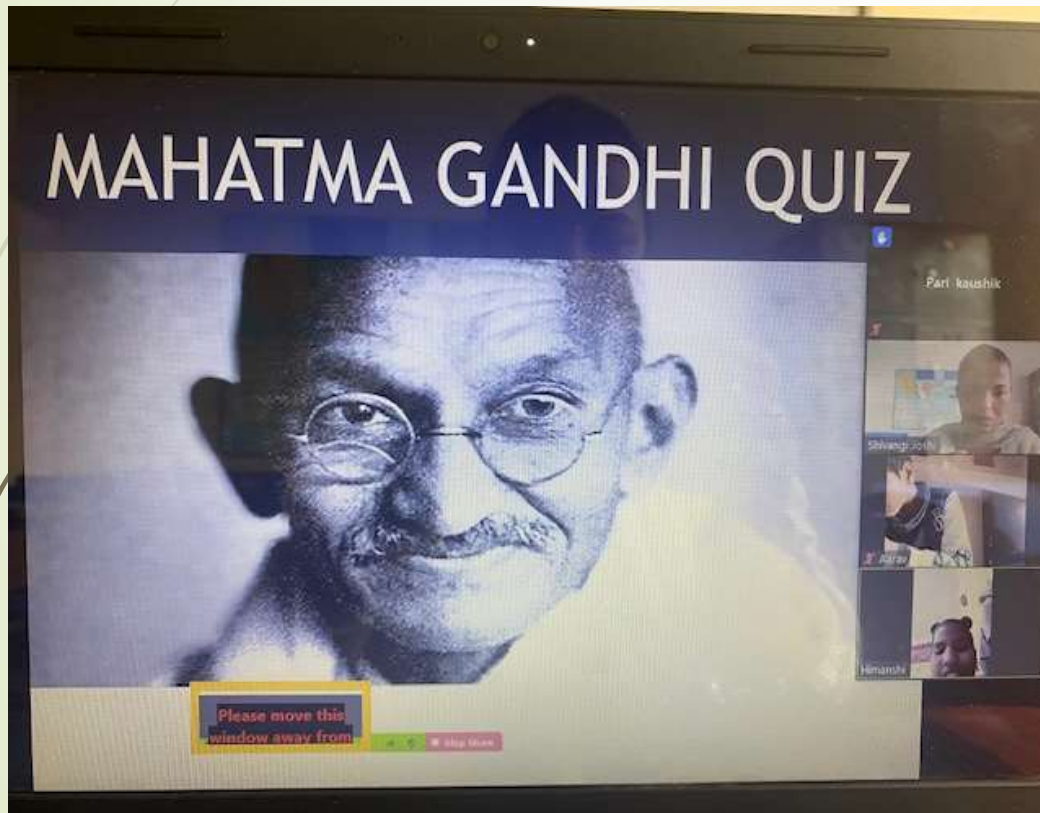
Egypt is a paradise of traditional mystery and harbours the legend of mummies. Students of class V did a project on Egyptian mummies to understand the process and science behind mummification.



A Virtual Tour to Gandhi Museum



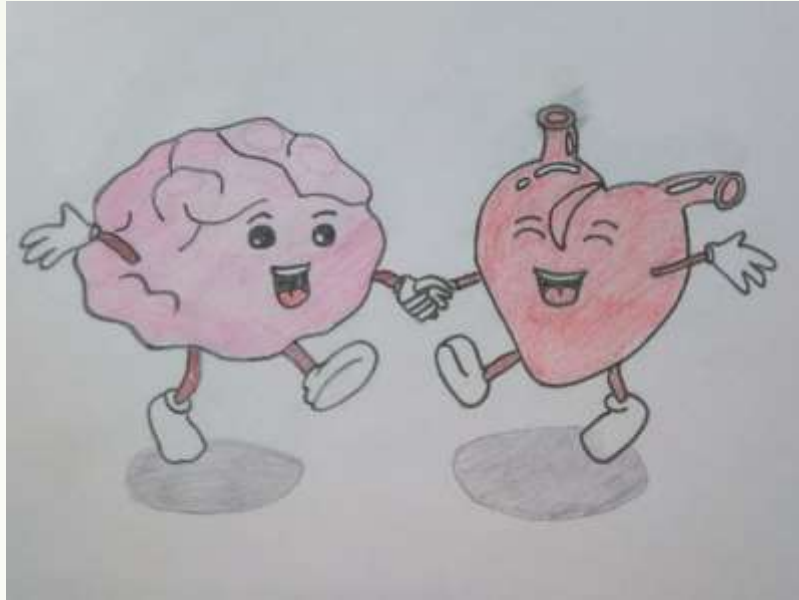
Based on the visit to Gandhi Museum, a Quiz was conducted to create curiosity among the students.



इस गतिविधि में बच्चों ने संवाद लेखन किया | बच्चों को पहले वीडियो दिखाई गई उसके बाद हृदय और मस्तिष्क के बीच संवाद लिखने के लिए दिया गया | बच्चों ने इस गतिविधि में काफी रुचि दिखाई |

संवाद लेखन

मस्तिष्क और हृदय के बीच आमने सामने होने पर कैसी संवाद होगी।
 मस्तिष्क - नमस्ते तुम कैसे हो?
 हृदय - मैं ठीक हूँ।
 मस्तिष्क - तुम्हें पता है कि मस्तिष्क की बहुत सारी बीमारी आ गई हैं।
 हृदय - हाँ मुझे पता है हृदय की भी बहुत बीमारी आ गई है। तुमने कुछ सोचा है इस बारे में।
 मस्तिष्क - मैंने सोचा है कि मैं अब से बहुत संभल कर रहूँगा सुबह कसरत



2012

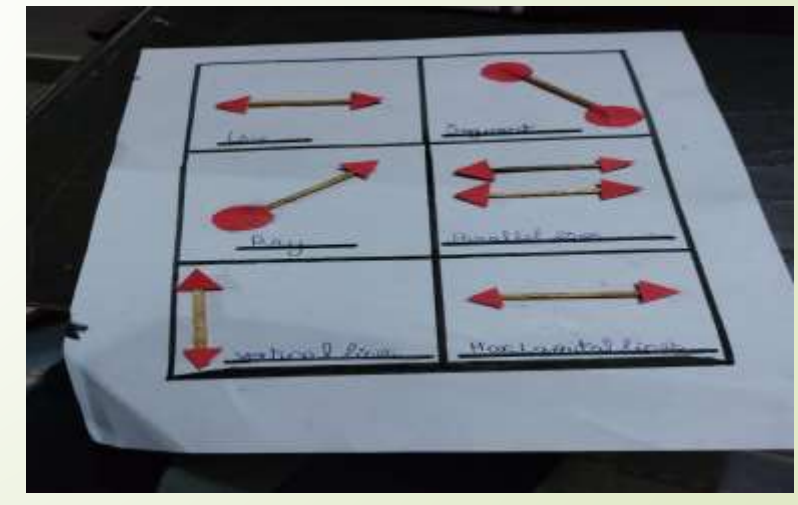
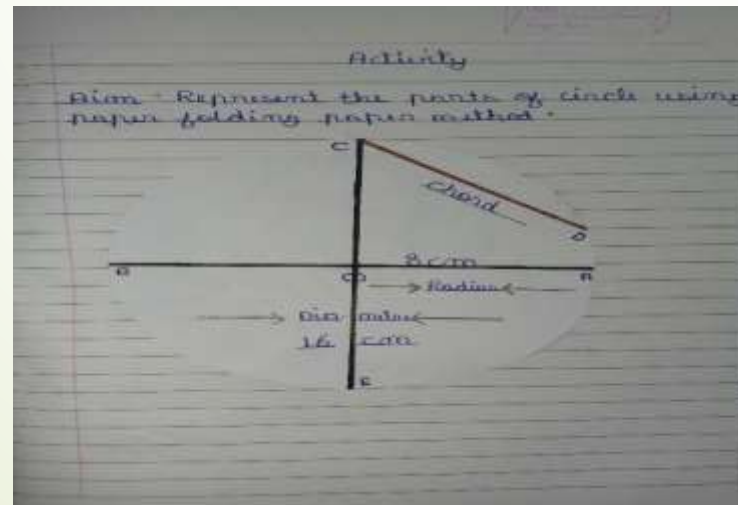
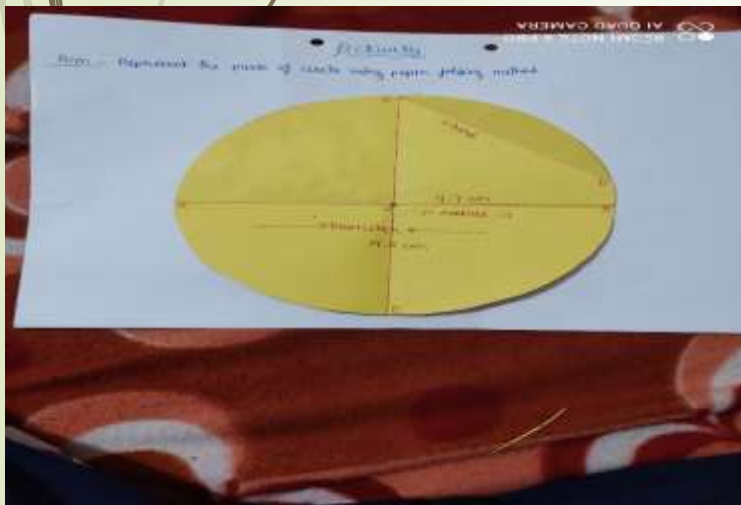
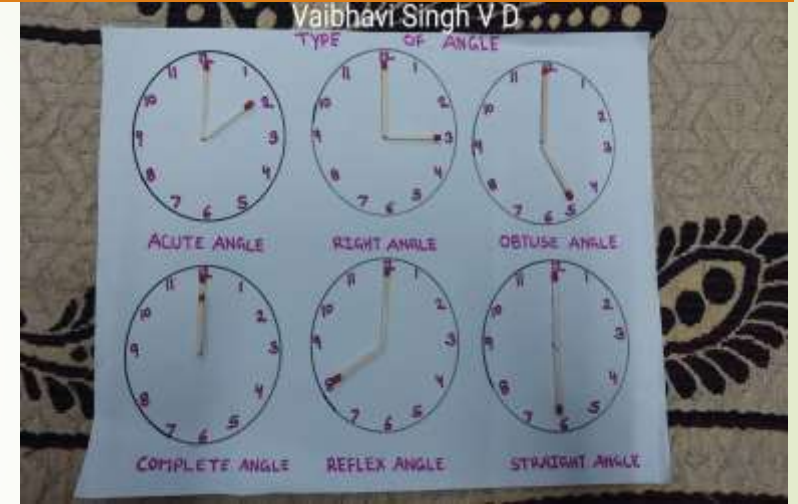
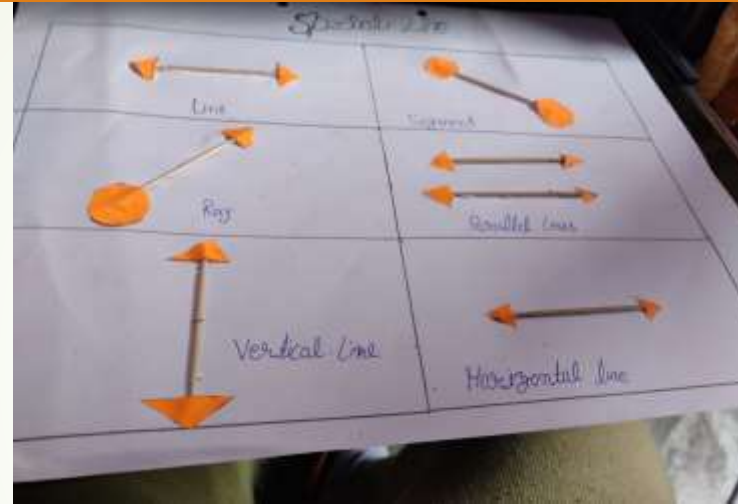
हृदय - नहीं तुम नहीं मैं क्योंकि मैं न रहूँ तो इंसान जी नहीं सकता।
मस्तिष्क - मैं मानव शरीर को काम करने में मदद करता हूँ।
हृदय - मैं मानव शरीर में खून बजाता हूँ।
मस्तिष्क - न तुम न मैं हम दोनों ही मानव शरीर के लिए महत्वपूर्ण हैं।

मस्तिष्क (ब्रेन) और हृदय (हार्ट) हमारे शरीर के दो अलग-अलग अंग हैं।
 हृदय हमें खून पंप करने का काम करता है।
 मस्तिष्क हमारे शरीर को नियंत्रित करता है।
 हृदय और मस्तिष्क एक-दूसरे के बिना काम नहीं कर सकते।
 हमें इन अंगों को स्वस्थ रखना चाहिए।
 हृदय और मस्तिष्क को स्वस्थ रखने के लिए हमें नियमित रूप से व्यायाम करना चाहिए।
 हमें अपने शरीर को स्वस्थ रखना चाहिए।
 हृदय और मस्तिष्क को स्वस्थ रखने के लिए हमें नियमित रूप से व्यायाम करना चाहिए।
 हमें अपने शरीर को स्वस्थ रखना चाहिए।

हृदय - यह ठीक है।
मस्तिष्क - चलो जाएँ हृदय।
हृदय - जाएँ! मस्तिष्क।

Maths Week Activities:

Students represented various geometrical concepts through different activities.



HAPPINESS CLASS – COURAGE MATTERS!!!

Children shared their experiences on courage.



Think green- Learning to be safe and sustainable

The children became aware of the fact that harming the environment is harmful to the human beings also. They enjoyed learning about the importance of taking care of the earth's health so that the earth will automatically take care of our health.

12/12/21

Pollution and Nervous system


Name the types of pollution the pollutants and its effect on the nervous system.

Types of Pollution	Name of the Pollutant
Air Pollution 	CO - Carbon monoxide CO ₂ - Carbon dioxide SO ₂ - Sulphur dioxide NO ₂ - Nitrogen dioxide CH ₄ - Methane CFC - Chlorofluorocarbon Smoke Ozone Dust
Water Pollution 	Sewage Detergent Plastic garbage Fertilizer Pesticides Chemicals from Factories oil spill


Developing a strong immune system

How do elders in your home use different herbs to make themselves healthy?


Ans) Tulsi, Neem leaves, Aloe vera, Turmeric Powder, Gribby, Saffron, Amla, Lemon



Tulsi



Neem



Aloe vera

12/12/21

Mitigation methods to reduce effects of pollution on the nervous system

Write the various ways to reduce effects of pollution on the nervous system

Ans)

- By taking nutritious food
- By taking healthy drinks
- By using masks when we go out
- By using air filters at our homes
- By exercise and meditation
- By drinking plenty of water
- By taking immunity booster supplements

The various ways to reduce effects of pollution on the nervous system are -

Land Pollution

Deforestation
Soil Erosion
Agriculture Activities
Mining Activities
Overcrowded Landfills
Construction Activities
Nuclear Waste



Noise Pollution

Industrialization
Transportation
Construction Activities
Noise from Air traffic
Explosions
Burning crackers
Loud Speakers



Radio Active Pollution

Alpha rays
Beta rays
Gamma rays



FUN WITH LIMERICKS

Lady of the cats

Limerick

There once was a crazy old cat lady,
who was nice just like you and me,
she started with one,
and now has ten,
she's known as the crazy old cat lady.



There was a old man with a beard
who said, "It is just as feared!
Two owls and a hen,
Four larks and a wren,
Have all built their nests in my beard!"

Limericks -

- ★ There was an old lady of France,
who taught little ducklings to dance
when she said "Tick-a-Tack!"
They only said "Quack"
which grieved that old lady of France
- ★ There once a very sad daddy,
whose golf game was going quite badly.
He looked left & right
No ball was in sight.
I think that he needed a caddy!

I had a cat
who was so fat
He could not
even sit on his mat
And he had a hat





Learning is unlimited.....



THANK YOU!