

LITTLE EXPLORERS

Newsletter

Class –III

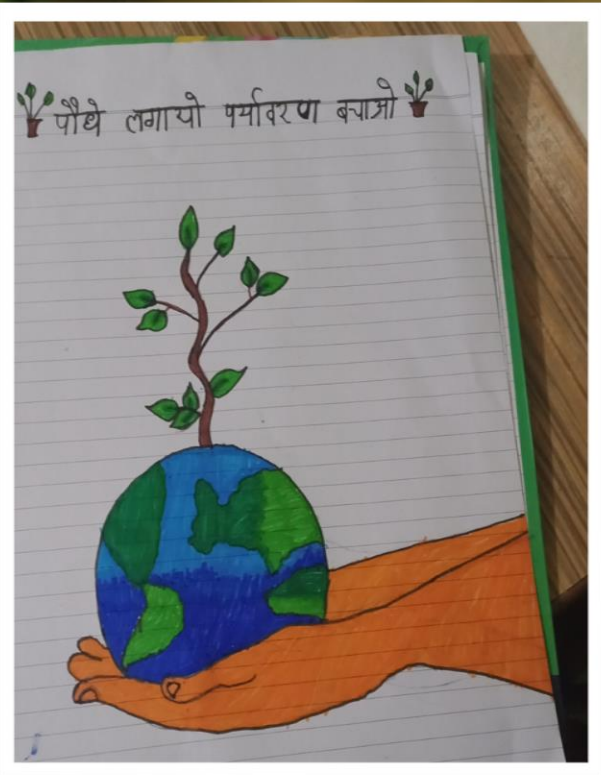
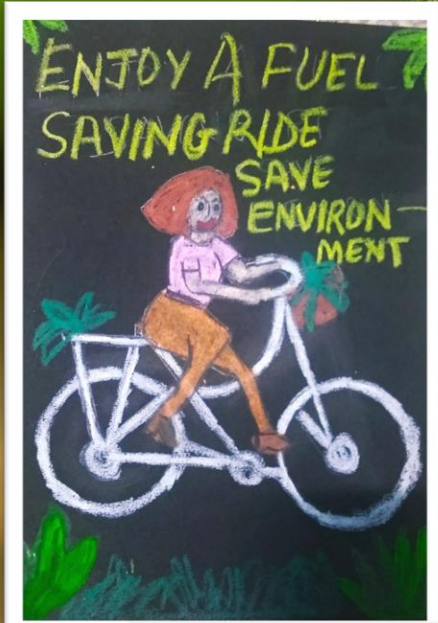
Month – December

TODAY
*is the day to
learn something*
NEW



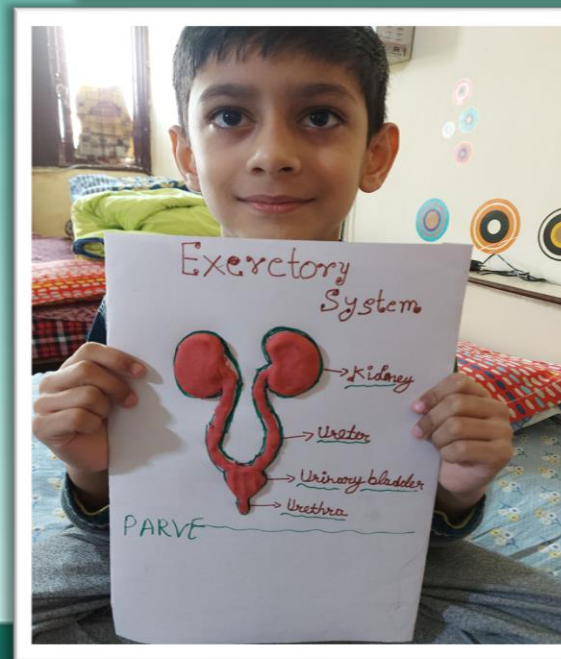
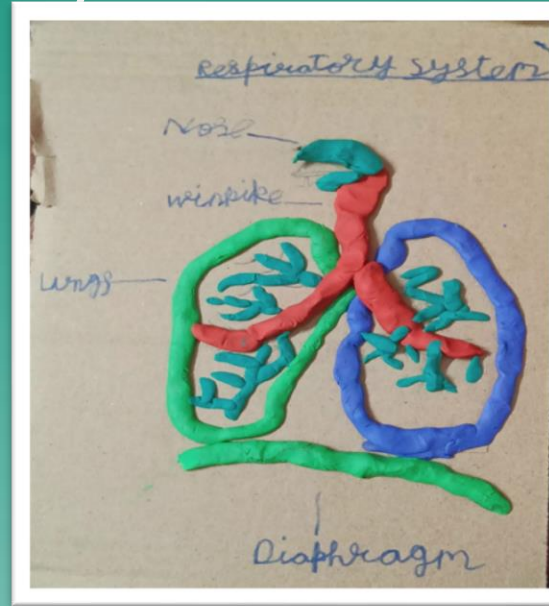
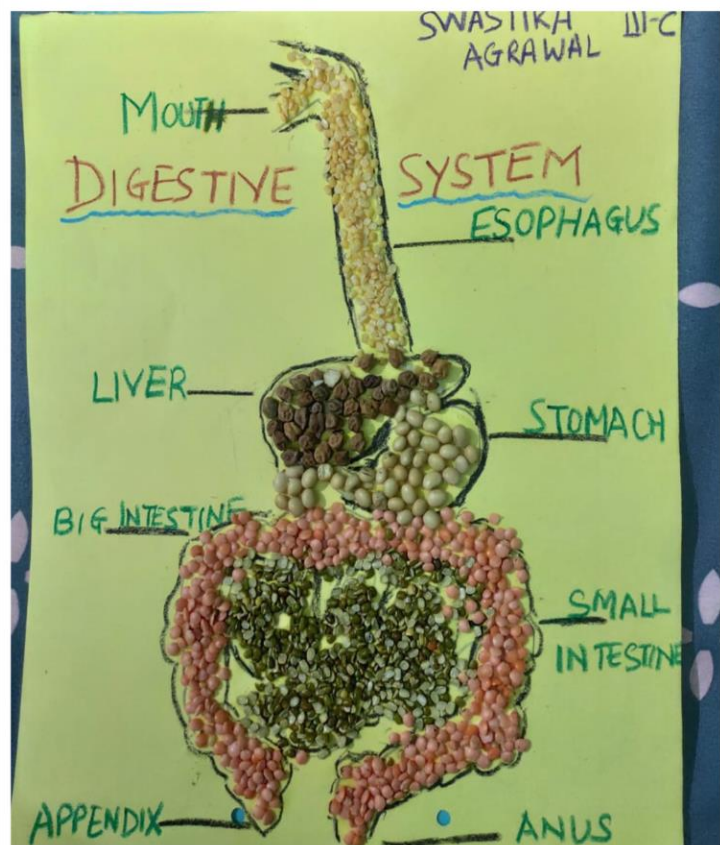
National Pollution Control Day

A discussion was carried out on various ways we can help in pollution control. To increase the awareness the children made posters with slogans on pollution control.



Science - Model Making Activity

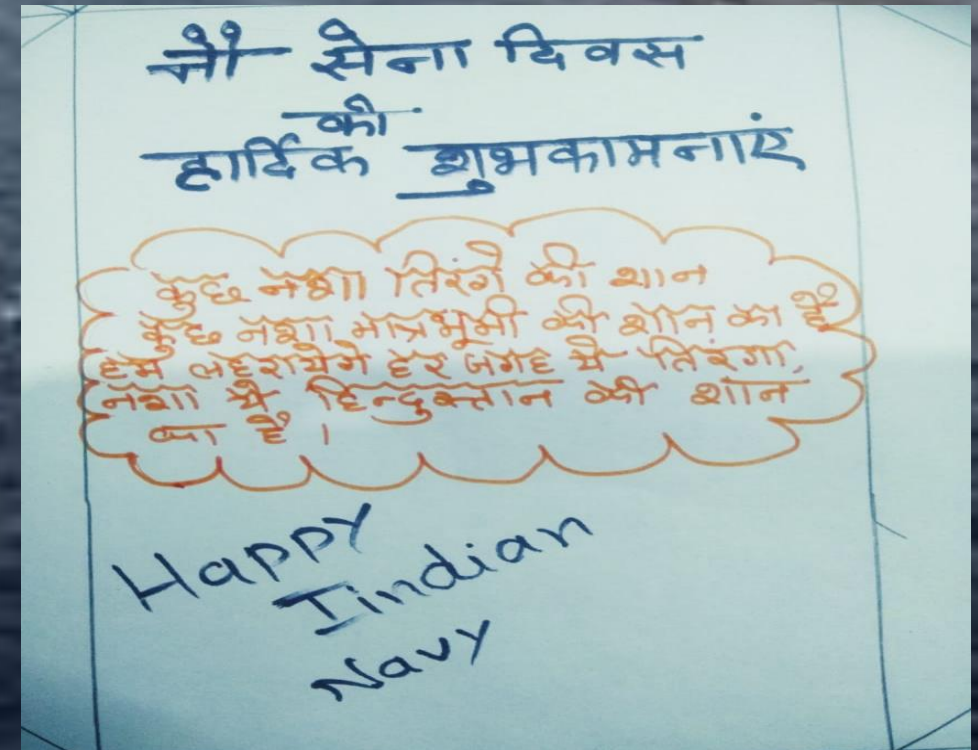
Children created models of the organs systems in our body with clay with enthusiasm and explained the functions and the working of these system in our body.



Excretory System helps us to excrete waste out of our body.

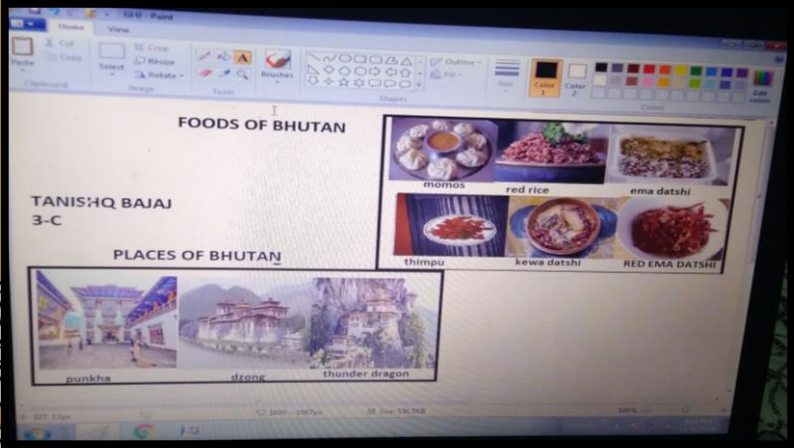
नौसैनिक दिवस

नौसैनिक दिवस के महाव को बताया गया ओत छात्रों ने नौसैनिक दिवस के अवसर पर शुभकामना कार्ड बनाए ।



Bhutan – Country of the Month


Children were taken on a virtual tour to Bhutan. Different attractions about Bhutan were discussed and shared with the children. Children did research work on cuisine of Bhutan enthusiastically.




CUISINES OF BHUTAN

- 1. Ema datshi**


We'll start off with the most famous Bhutanese food of them all: ema datshi, which is chilies and cheese. You'll eat ema datshi not only everyday when you're in Bhutan, but likely for just about every meal when you're in Bhutan. The chilies, which can be either fresh green chilies or dry red chilies, are sliced lengthwise, and cooked with datshi, which is local Bhutanese cheese, and plenty of butter for good measure. Although the basic ingredients remain the same, the more you eat ema datshi, the more you'll realize that no two ema datshi's are the same: every cook has their own version, some being lighter or more watery, others being richer and more sticky with cheese.


- 2. Kewa datshi**

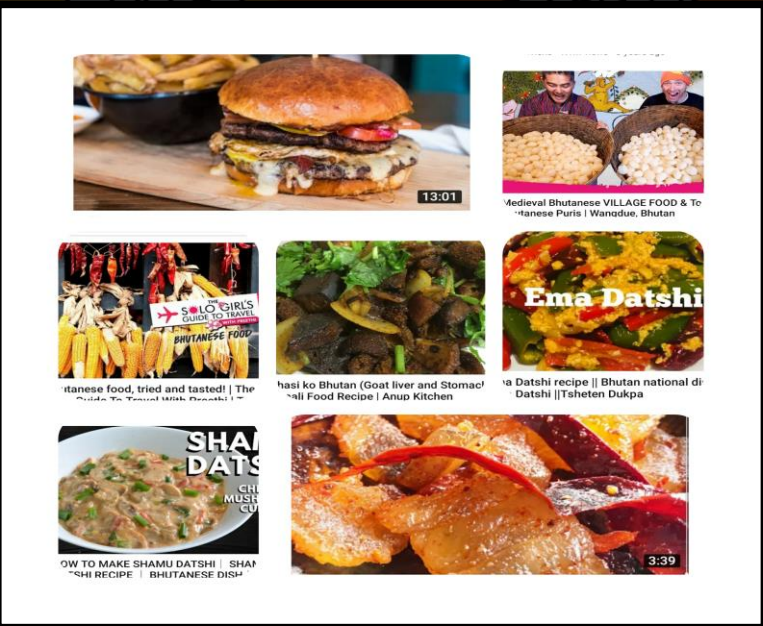
Kewa is potato, so kewa datshi is potatoes and Bhutanese cheese. It surprised me by how similar kewa datshi is to a dish similar to scalloped potatoes. The potatoes are typically sliced into thin pieces, then sautéed down with cheese and lots of butter. Sometimes cooks will toss in a few chilies or tomatoes, but usually, this is a Bhutanese dish that's pretty mild, but just focuses on potatoes and cheese.


- 3. Shamu datshi**

A third staple cheese dish in Bhutanese food is shamu datshi, cheese with mushrooms. Being a chili addict, ema datshi is my personal favorite variation of a Bhutanese veggie cheese dish, but shamu datshi was a close second. The mushrooms, which can be any variety of local Bhutanese Himalayan mushroom, are again, cooked into a cheesy saucy stew along with butter. Just like with all the other variations of Bhutanese datshi, you eat shamu datshi along with rice.

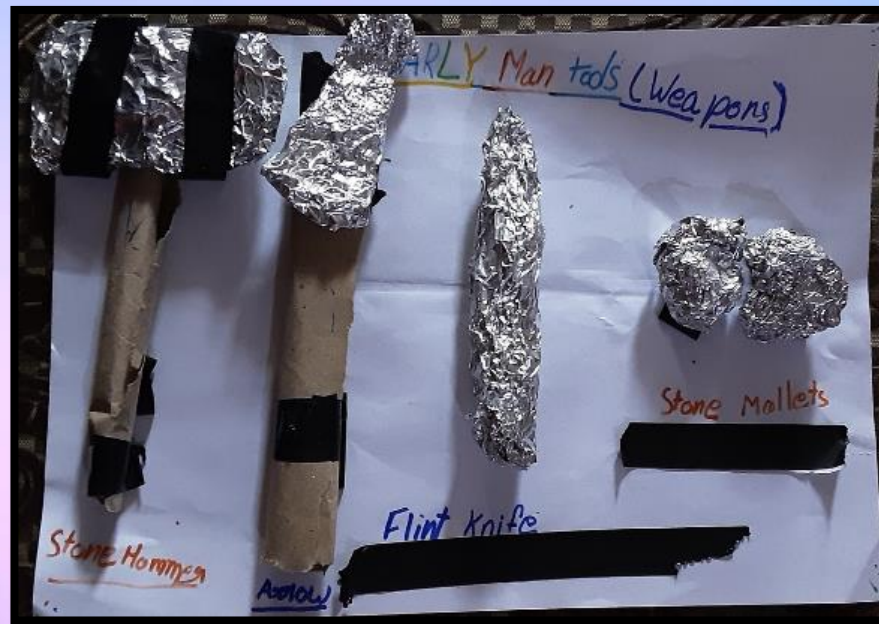


(SRISHTI K)



Early Human Life – Stone Tools

To help the children understand the life of the early humans, children created the models of the stone tools used by early human. The children were excited for the activity and participated with enthusiasm.



Food of Early Human.... The Fireless Way!



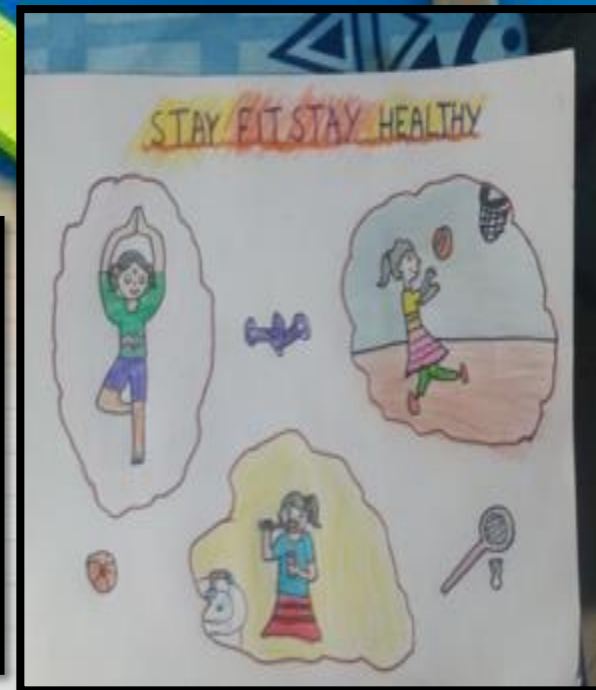
Food without fire



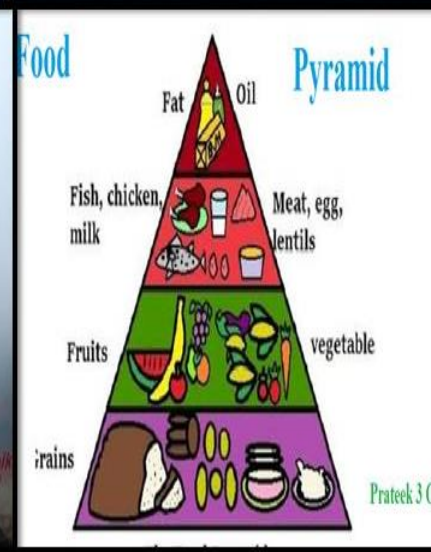
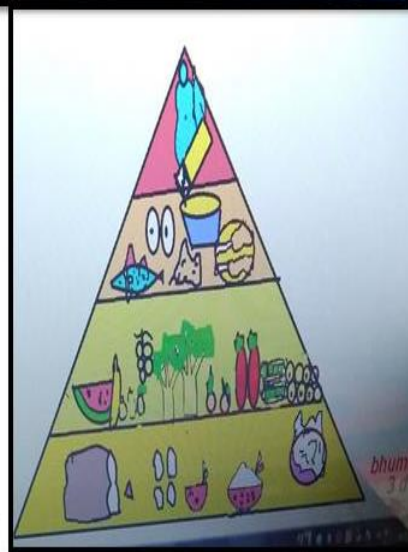
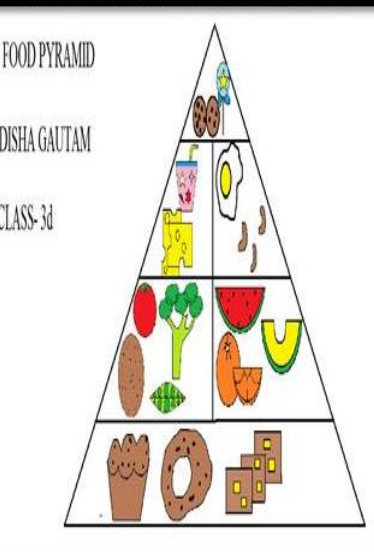
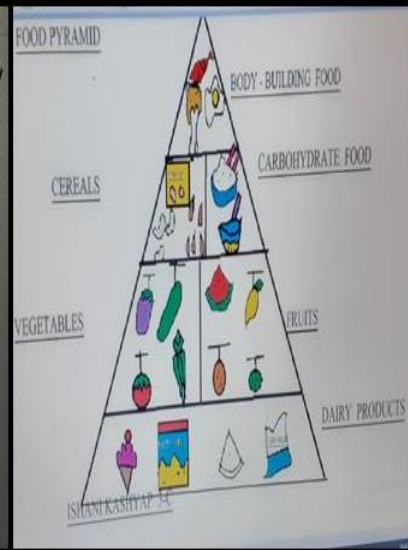
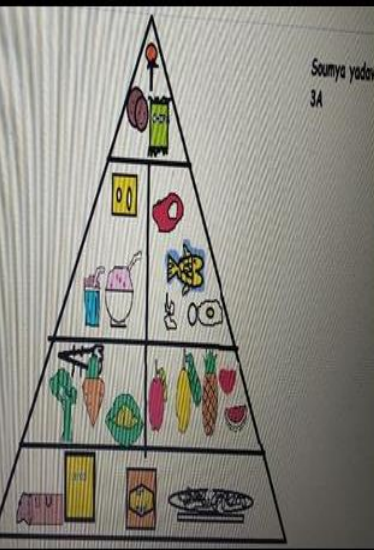
Wow! I had fun doing this amazing activity where I prepared a meal without fire....
I am a MasterChef!



Art Integration – Road to a Healthy Body



IT – Integration – A Road to a Healthy Body



HEALTHY FOOD	UNHEALTHY FOOD
HEALTHY FOOD MAKE AS STRONG. WE CAN GET A GOOD SLEEP. HEALTHY FOOD IS HEALTHY FOR US. KEEP ARE BONES AND MUSCLES STRONGE	Junk foods have low or zero nutritional value. Unhealthy food also stop growth of brain. Its also effect our mind. It gives us a lots of diseases.
THE VEGETABLES AND FRUITS GIVE AS ENERGY.	Unhealthy food good in taste but bad for health.

Computer Activity Class 3

HEALTHY FOOD V/S UNHEALTHY FOOD	HEALTHY FOOD	JUNK FOOD
HEALTHY FOOD HEALTHY FOOD MAKE US ACTIVE HEALTHY FOOD IS NUTRITIOUS. HEALTHY FOOD MAINTAIN WEIGHT. EGS- MILK, EGG, VEGETABLES, FRUITS (SRISHTI.K, 3 B)	UNHEALTHY FOOD IT MAKE US SICK UNHEALTHY FOOD IS LESS NUTRITIOUS. IT BRINGS FATNESS. EGS- CHIPS, BURGER, PIZZA	HEALTHY FOOD <ol style="list-style-type: none"> 1. Healthy food makes you fit and fine. 2. Healthy food helps you to fight with diseases. 3. It has iron, protein and nutrients. 4. An apple a day keeps Doctor away. 5. Healthy food makes your Muscles strong.

HEALTHY FOOD PRANAV.S.K 3-B

- > Healthy food makes us strong.
- > Healthy food contains nutrients.
- > We cannot survive without food.
- > Do not eat junk food.
- > Most of the children did not get the healthy food in India

LINES ON HEALTHY FOOD.....

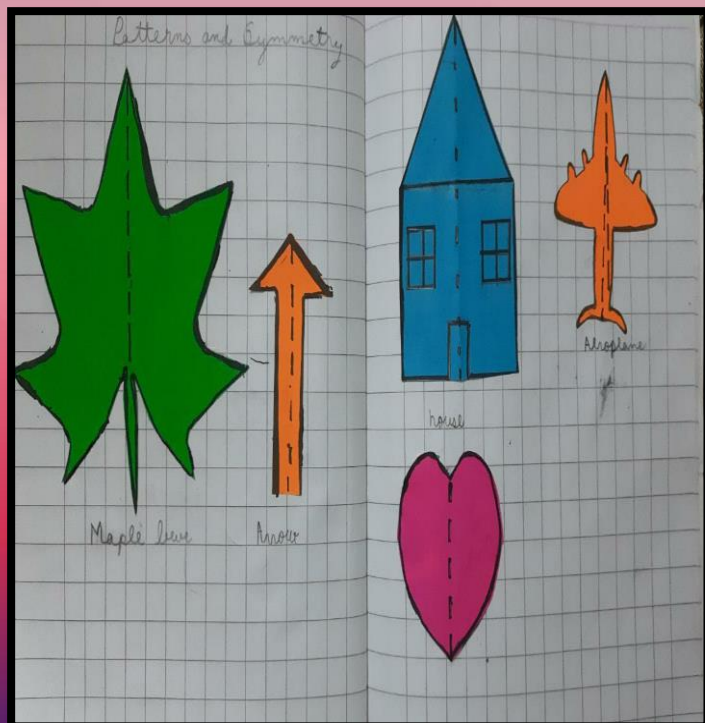
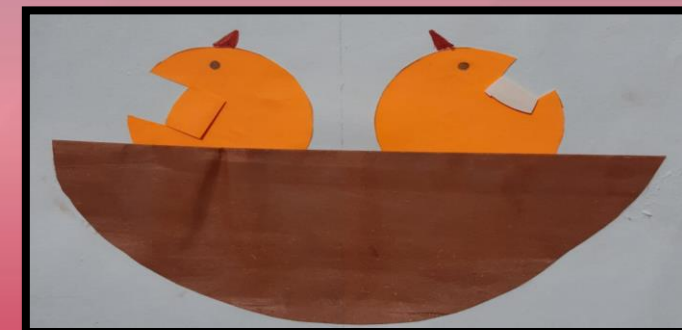
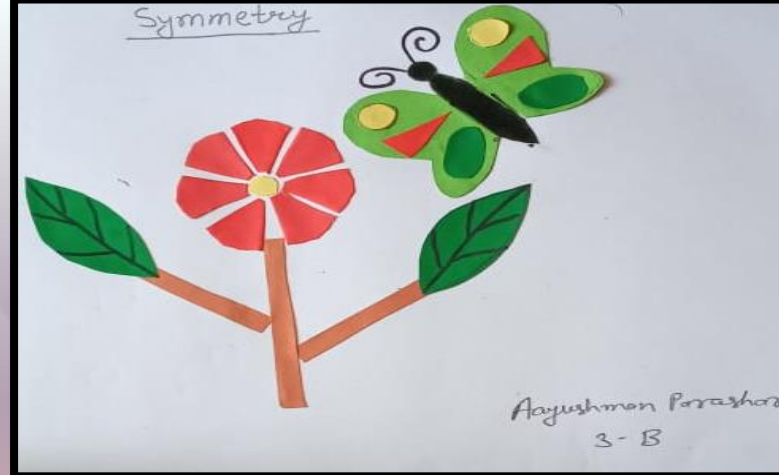
1. Health is wealth.
2. Our health could face some serious obstacle if we eat unhealthy foods.
3. Before buying any food, we need to ensure food quality.
4. Need to avoid fast food, because these are junk and reason for serious health problems.
5. There are so many natural food sources, and these are really good for our health.

LINES ON UNHEALTHY FOOD.....

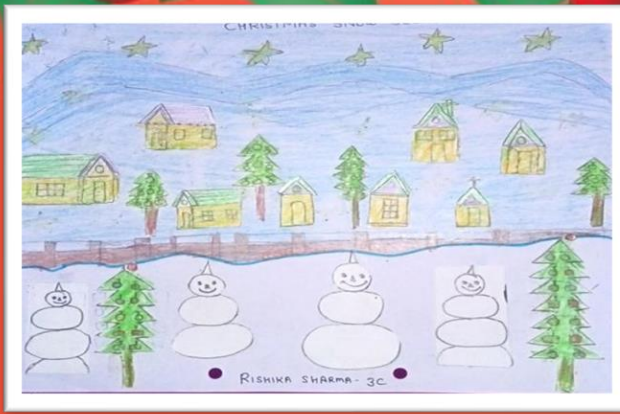
- 1) The food that can make us unhealthy and lazy is called unhealthy food.
- 2) These foods don't contain all the necessary elements for our body.
- 3) The absence of protein, vitamins, carbohydrates, and other important elements.
- 4) Some examples of unhealthy food are burger, pizza, soft drinks, and Chinese foods.
- 5) Unhealthy food contains high calorie and saturated fat harmful to our health.

National Math Day

Children created various patterns in a symmetrical manner. The children learnt about the use of symmetry in our life and symmetrical objects around them. They really enjoyed the activity and did it with enthusiasm.



Christmas Celebration



Treat people the way you
want to be treated. Talk
to people the way you
want to be talked to.
**RESPECT is EARNED,
NOT GIVEN.**

