



EAST POINT SCHOOL



NEWSLETTER For The
Month:- November
Class:- III

EXCEL

EXPLORE

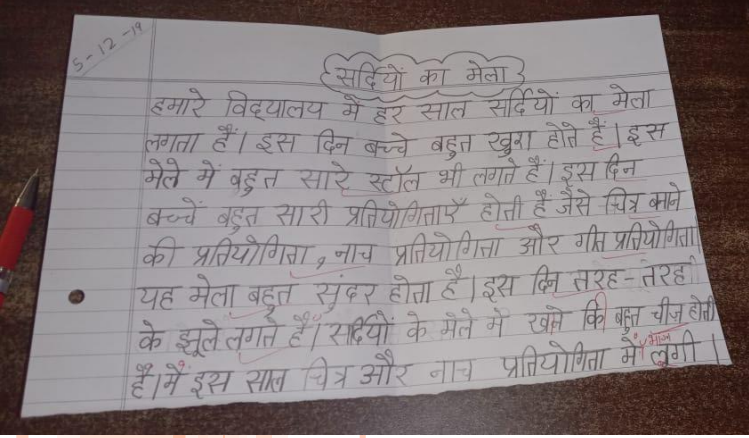
EXPERIENCE



SPORTS DAY

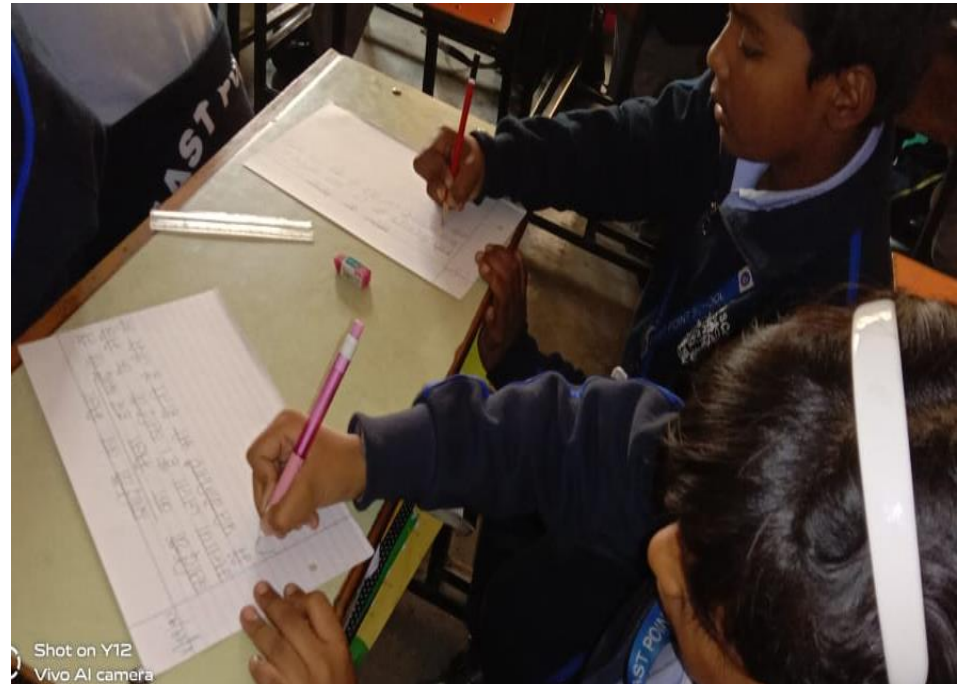
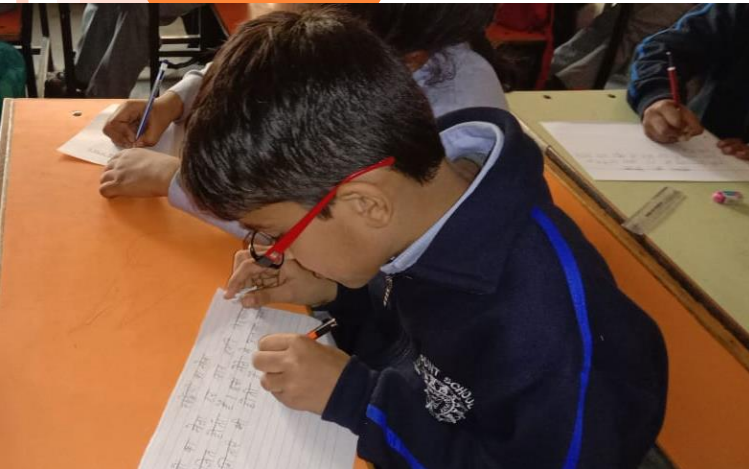
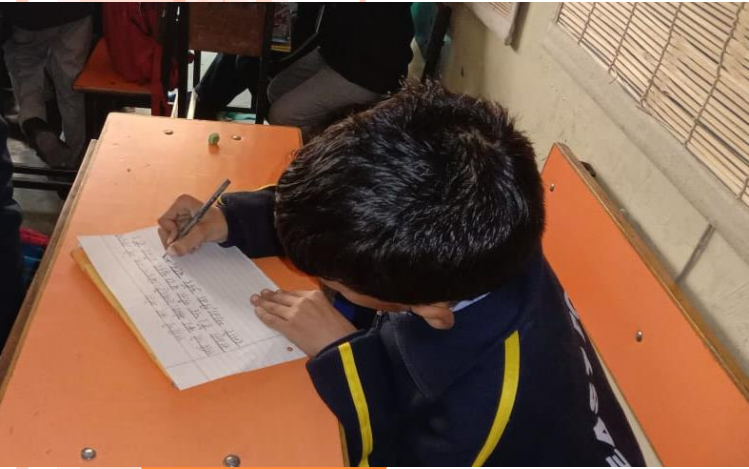
To inculcate the value of sportsmanship and importance of fitness, children did a yoga drill and other physical activities.





हिंदी गतिविधियां

दिसंबर माह में विद्यालय में आयोजित होने वाले सर्दियों के मेले के अवसर पर छात्रों ने रचनात्मक लेखन लिखा। इस गतिविधि द्वारा छात्रों की लेखन अभिव्यक्ति का विकास हुआ।



SOCIAL SCIENCE ACTIVITY (INDIAN CULTURE AND TRADITION)



To imbibe the value of unity in diversity, children were told about the various folk dances of India. Children did a variety of steps for dances like Kathak, Bharatnatyam and Bihu dance.



We made Christmas cards on MS Paint.

LET'S ENJOY MS PAINT



I made a wish card for Santa Claus.

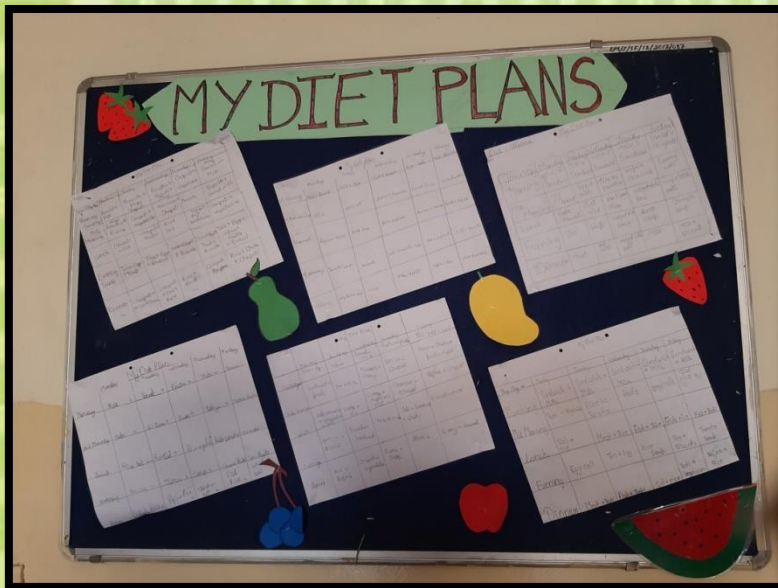


MY DIET PLAN (SCIENCE ACTIVITY)

To enhance good eating habits, children made their 1 week diet plan and promised to follow it.

My Diet Plan

	Monday	Tuesday	wednesday	Thursday	Friday
Morning	Milk + Bread	Bread + Fruits	Fruits + TNuts	TNuts + Biscuits	Biscuits
Mid Morning	Oats	idli-Dosa	Pasta	Dalrya	Makhar Bana
Lunch	Rice dal	Roti Dal	Rice vegetable	Aala paratha	Michadar
evening	Biscits	Juices	Soup	Chesse Pasta	Sos Pasta
dinner	chyl Rice	Rajma Rice	Chicken Roti	Fish Rice	wheat dal



My Diet Plan

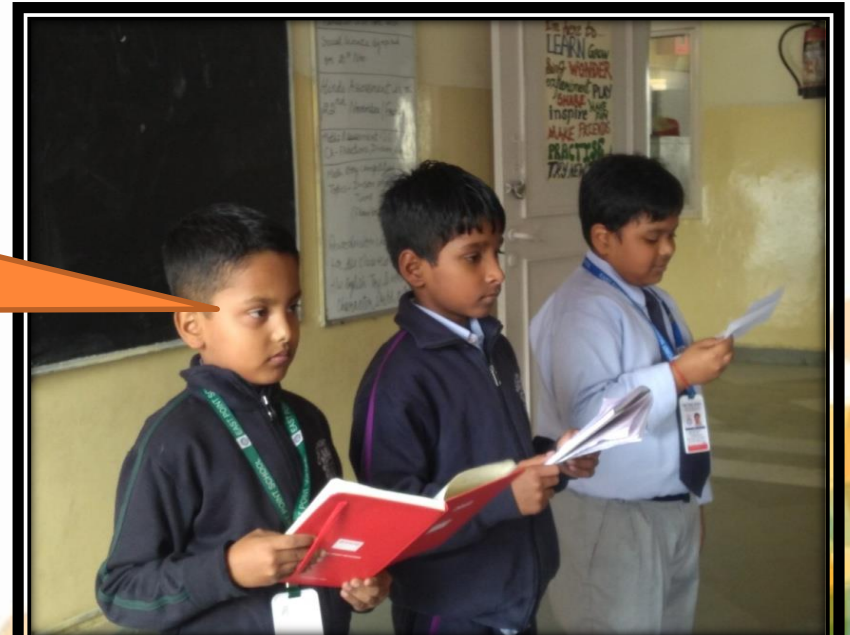
	Monday	tuesday	wednesday	thursday	Friday
Morning	Milk + egg	halwa	Bread + Milk	Pasta + vegetable	idli + sole + so
Mid Morning	Sandwich + fruits	Kivi + chiku	Pineapple + Chesy	Omlet + Chapati	Banana Shake + fruits + chapati
Lunch	idali paratha + Vegetable + Dhad	Curry + rice	Curry + capsium + rice	Sambhar + kachaval	Pajma + Chap
evening	Milk + Biscuit	Pasoda + sandwich	tea + Biscuit	idli + Sambhar + chatri	Biscuit + Milk
dinner	rice + Rajma	Chapati + Vegetables	Puri + chole	dhokla	Curry + chawal

NEWS READING ACTIVITY



In order to enhance the habit of reading, the children were encouraged to read newspapers and share news in the class.

I bring news to school every day.



CHRISTMAS CELEBRATION

We wish you a Merry
Christmas



Santa Claus is
coming to town



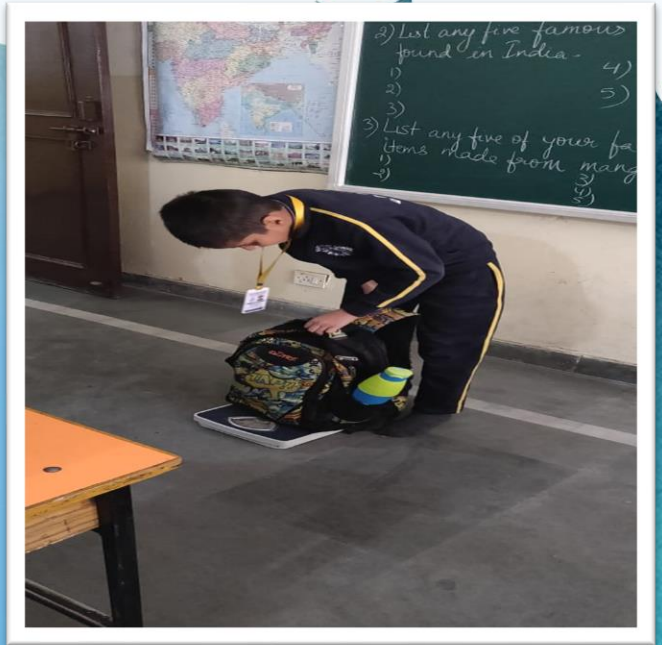
CAROLS

CLASS
ACTIVITY



LETS WEIGH !

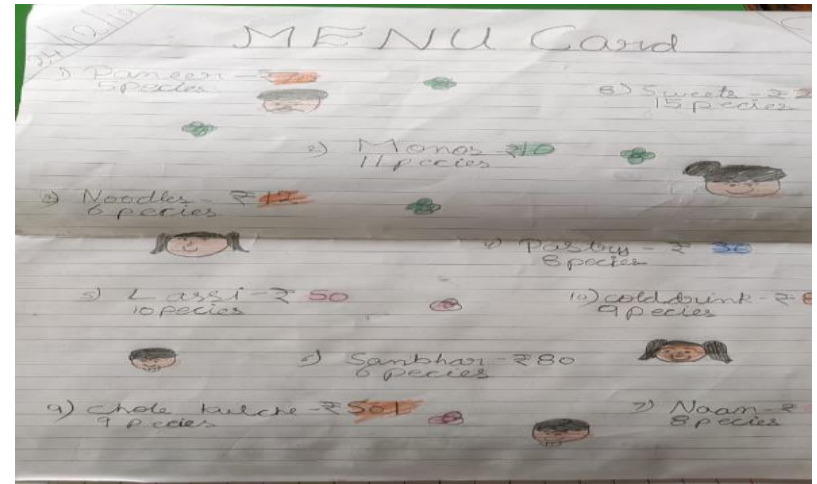
To help the children understand the concept of weight, children were asked to weigh various things using the weighing scale.



MATHS ACTIVITY

To understand the concept of billing, children did an activity wherein they prepared mock bills of a variety of objects.

MENU CARD



MY BILL

